



The CHACONIA

The TTAO Newsletter

December 2018

Volume 10, Number 1

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From the President's Pen

Greetings Members and Friends:

The Year that was: 2017 - 2018

The 2017-2018 year of the Trinidad and Tobago Association of Ottawa (TTAO) culminated in TRINBAGO DAY 2018 on August 19, 2018, as the Executive opted to forego the Independence Dinner -Dance celebration this fiscal year.

The Annual General Meeting of the TTAO was held on Friday, September 28, 2018 at the Trinidad & Tobago High Commission. Based on the President's Report, the TTAO had successfully achieved its objectives. There was a significant increase in membership and all the events hosted were financially successful. The TTAO was able to establish new partnerships, most notably with the National Arts Centre and Friends of Serviam, an organisation described as a collection of friends with ties to the Caribbean and Ursuline Sisters. We were able to continue our collaboration with the Trinidad and Tobago High Commission, as well as maintain relationships with organisations from the Caribbean and Black Communities, Nepean Panharmonic Steelband, the Ottawa Police Service and Crime Prevention Ottawa.

On the humanitarian side, the association was pleased to be able to provide assistance in times of need. Firstly, to Priyanka Dhanie, a student in Trinidad and Tobago, and a Gold Medalist female compound archer, whose talent was discovered by her coach. Secondly, a close friend and member of the TTAO was the victim of an unfortunate freak accident and the association was able to step in to make the recuperation period less stressful. These are the behind the scenes activities that we are proud to bring to the fore.

Our generosity was reciprocated by a \$750 scholarship donation from Friends of Serviam, which was awarded under the governance of the C.L.R. James Scholarship Award 2018. The TTAO also received a donation of \$1,000 from Dr. Sade Francois, a past recipient of the C.L.R. James Scholarship Award, which will be presented as part of the C.L.R. James Scholarship Award 2019. As well, the association was in receipt of a donation for the C.L.R. James Scholarship Award 2019 from Mr.

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Horace Bhopalsingh, the Canadian Carib agent.

There were of course areas that required improvement. Our focus moving forward will be to attract greater participation by millennials and to generate more input and feedback from the general membership.

The Year ahead: 2018 - 2019

At the Annual General Meeting held on Friday, September 28, 2018, a new Executive was elected (see list of names and positions at the end of this letter).

The SOCA Parang, an activity which was planned during the 2017 – 2018 fiscal year, demanded attention immediately upon taking office. The members of the Executive and Social Committees embarked upon the task of finalizing this event within a relatively short timeframe. The effort was overwhelmingly successful with attendance exceeding expectations. Of note, were the many new faces, which we were more than happy to embrace. A more detailed account of this activity appears further on in this newsletter.

On Sunday, November 18, 2018, the Executive, Social Committee members, as well as representatives from the general membership, met at Ottawa City Hall to review the year 2017-2018, develop objectives and plan activities for the current fiscal.

The objectives for this fiscal year are:

- To find creative ways to increase and maintain membership;
- Embark on a Social Media Campaign, especially with millennials in mind; and
- Engage in activities with a cultural, fundraising, social and humanitarian focus.

The following are some of the suggested activities to meet our objectives:

- ✓ The Children's Christmas Party, which will take place on Sunday, December 9, 2018.
- ✓ Other events up for consideration in 2019 are:
 - The Annual Health Seminar - April
 - The Spring Fling/Casino Evening - May
 - Trinidad evening at the Rideau Carleton Raceway (Friday evening – no Harness Racing) - June or

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- July; or Night at the Races - May or August
- TrinbaGo Day - August
- Independence Dinner-Dance or Republic Day Celebration – September
- SOCA Parang - November or TTAO Christmas party - December

Executive and Committee members have continued to lend support to events hosted by our sister organizations. The TTAO sent representation to the Barbados Association Dinner Dance on November 10, 2018. Our Committee members, while not officially representing the TTAO, attended and supported Jounen Kweol by the St. Lucia Association, the St. Vincent & the Grenadines Independence Dance and Flo's Seniors – Tribute to Mr. Des Doran on October 27, November 17 and 24, 2018 respectively.

The 2018 -2019 fiscal promises to be an interesting and exciting year for the TTAO. We are looking forward to participation and support from you, our members and friends.

On your behalf, I would like to thank the 2018-2019 Executive and the various Committees for their commitment to promoting cultural and social programs that benefit the Trinidad and Tobago diaspora, as well as the broader community within the National Capital Region.

To the 2017-2018 Executive and Committee members, my sincere thanks for your hard work and commitment in making the past year the overwhelming success that it was.

This is an opportune time to wish the TTAO Executive and Committee members and you, our avid supporters, a joyous and holy Christmas and a 2019 that's healthy, enriching and rewarding.

Ingrid John-Baptiste
President

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2018-2019 TTAO Executive

TTAO Executive and committees for 2018-2019 will be kept busy planning another diverse and engaging year for you.

The TTAO has been in existence since 1983. The mission of the association is to promote and maintain the integrity of our cultural heritage and assist with the continuing development of nationals of Trinidad and Tobago.

Your 2018-2019 Executive:

President:	Ingrid John-Baptiste
Vice President:	Dianna Pierre
Treasurer:	Andrew Williams
Secretary:	Sharon Pierre-Louis
Asst. Secretary:	Judy Madhosingh
Floor Members:	Brenda Agard Alleyne, Anne-Marie Bostic and Jocelyn George-Francois
Past President:	Adrian Benjamin

We are always looking for participation on our committees, which will increase chances of success. You are more than welcome to volunteer and/or share your ideas so please [contact us](#) if any peaks your interest.



TTAO Activity Updates.....

Soca Parang

Ai, ai ai ai!! Parang, parang, parang! There is nothing quite like a true 'Trini Christmas'. Christmas is a time of year that conjures up wonderful, warm, lifetime memories for expats and nothing howls Christmas quite like parang.

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While the parang season officially started in Trinidad & Tobago on September 29, 2018, the TTAO sought to respond by bringing this unique tradition to Ottawa once again. On Sunday, November 4th, 2018 at the Ukranian Banquet Hall on Byron Avenue, patrons were treated to a delightful evening of parang and dancing by Toronto's No. 1 Parang group, Los Pajaros. Not to be outdone, DJ David Supersound amplified the musical experience with hit after hit, including some sweet 2019 soca.

The event was very well attended and the hall was filled, beyond expectation, with families and friends, all eager to partake of the favourite festivity of a Trini Christmas! Joy, laughter, good food and dance, not to mention a well-stocked bar, complete with sorrel, all reverberated with the sights and sounds of what a good Trini Christmas Parang lime is all about.

As Scrunter famously sings:

Leroy wey yuh mudda gone
She gone parang,
Answer me, wey yuh mudda gone
She gone parang
She aint wash the wares, she aint clean upstairs
She gone parang
Yuh mudda aint put no clove on the ham boy
She gone parang,
Little boy wey yuh momma gone
She gone parang,
Answer me wey yuh mudda gone
She gone parang,
She leave the cake right in the oven
She gone parang,
Yuh mudda leave the pastel to burn
She gone parang,
Eh , wey yuh momma gone
She gone parang

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Trinidad and Tobago National Disaster Flood Relief

The TTAO initiated a funding campaign to assist with the humanitarian efforts in Trinidad and Tobago (T&T) related to the disastrous floods that occurred in October 2018. All donations collected will be directed to the Living Water Community of Trinidad & Tobago, a beacon of light and source of resources and comfort for those in need of assistance.

Donations are being accepted by e-transfer to tandtassociation@gmail.com until December 10, 2018. As an incentive to the procrastinators, Reuben Tom Kee, a TTAO member, will offer a free copy of his book, *Master Ruben - Memoir of a Young Boy - Growing up in Trinidad in the Fab Sixties*, to anyone making a donation of \$100.00 or more.

Thanks to your generosity, **\$2,438.60** has been collected (as of November 26, 2018).



Christmas, Bacchanalle style.....

BACCHANALLE

Holiday Greetings from Bacchanalle/Capital Fare
Café and Chef Resa Solomon-St. Lewis

Whether at home liming with our family or at work serving our clients,

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Christmas is one of our favourite times of the year at Bacchanalle Caribbean Lifestyle Foods. Food is love in our homes, passed down through generations and traditions as in many Trinbagonian and Afro-Caribbean homes.

We love to do it all from scratch at Bacchanalle, and you can count on us to help you serve up a delicious Taste of the Caribbean in your home over the holidays. On the big day, we usually have two meals (Brunch & Dinner), along with lots of snacks & drinks. Here are some of our favourites and how we can help you enjoy them over the holidays!

Favourite Brunch Dish: Bake & Buljol! Coconut Roast Bake enjoyed with salty, limey and spicy Salfish Buljol or cooked Salfish. Enjoy with Cucumber & Tomato Chow or as a snack with Guava Jelly as a wonderful vegan option.

Favourite Non-Alcoholic Drink: This is a contest between Egg Nog & Sorrel, both always on-tap on Christmas Day in our home! Let us help you as we make some of the best Sorrel in this city. Available in gift bottles or 4L bulk bags, for your lime.



Favourite Alcoholic Drink: Oho! It's Sorrel again, so much so that we even developed a special cocktail & mocktail recipe postcard for it that suggests great ideas to mix it in many delicious ways. But TT people, let us not forget Ponche de Crème aka #SipAndSleep #Itis.



Favourite Main Dish: Trini-style Pineapple Ham or Jerk Turkey. We are pleased to offer you Roasted Pineapple Ham (Picnic Shoulder) that you can enjoy for days over holidays.



Favourite Dessert: Black Cake of course and coming up as a close second, Coconut Sweet Bread (several flavours to choose from). Both of these are Bacchanalle specialties. Enjoy a second round of sweet bread the next morning toasted with a bit of butter, a doubly delicious indulgence.

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Favourite Appetizer: Accra (balls) with our Tamarind-Rum Sauce.
Need I say more?

Want to share a Taste of the Caribbean with someone special? Check out our culinary gifts at www.baccanalle.com - Sorrel, Sauces, Spice Blends and more!

Want a look see? Check out a throwback to our Caribbean Christmas feature on CTV Morning Ottawa:

<https://ottawa.ctvnews.ca/video?clipId=505719>

We hope you will stop by and see us at our Capital Fare Café at 595 Montreal Rd and visit our website <http://www.baccanalle.com/> or call us to order at 613-859-6297. **Mention code TTAO for a 10% online discount during the month of December.** Delivery is extra but you can pick up your order from Capital Fare Café for free, however please confirm your order in advance. Orders for our Caribbean black cake will be accepted until December 16, 2018.

You can check out Baccanalle at the Lansdowne Ottawa Farmer's Market from December 15-16 and December 22-23 to see, sample and purchase their wide variety of specialty foods.

Wishing you a very Merry Christmas, Happy Holidays, Sweet Parang and Happy Kwanza from our Baccanalle to You!



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Soca Parang 2018.....

While you prepare that Christmas breakfast and dinner, sway to some sweet parang soca. Here is a link to a great non-stop parang mix.

<https://www.youtube.com/watch?v=PPJERegtfac>



All about that favourite Christmas beverage.....

Sorrel is synonymous with Christmas in the Caribbean. The seasonal plant produces a refreshing sorrel drink that is a favorite during the Christmas season.

Where Did Sorrel Come From

Like many popular plants grown in the Caribbean region, sorrel has its origins in West Africa. Known as Roselle, or less by its scientific name 'Hibiscus sabdariffa', sorrel is a species of the Hibiscus family. It bears annually, maturing in about six months and growing to about 7-8 ft.

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There are different types of sorrel grown in the region, however, the deep red fruit of the Roselle is the most common variety found in the Caribbean.

How To Make Sorrel Drink

One of the main uses of the sorrel plant is to make a homemade beverage. This is usually done in the months of November, December, and January when the fruit is ripe and ready for harvesting. Making sorrel drink is a Christmas tradition in most Caribbean countries including Jamaica, Saint Kitts and Nevis, Guyana, St. Lucia, Grenada, Montserrat, Dominica, Antigua, Barbados and Trinidad and Tobago. The fruit itself is fairly inexpensive and can usually be found in abundance at local markets. The dried fruit can last for months to be used all year round.

The sorrel drink is prepared by steeping the outer skin of the red fruit in hot water. This can be done with the fresh or dried sorrel fruit and produces a rich red liquid. Over the years, different Caribbean countries have added their own cultural flavorings to give the sorrel drink a taste unique to that country. In Jamaica, for instance, the sorrel drink is brewed with varying strengths of ginger producing a perky flavor ranging from mild to spicy. Occasionally, a dash of rum may be added to preserve the drink. Cinnamon, cloves, and bay leaves are added in Trinidad and Tobago. If sweetness is desired, sorrel requires copious amounts of sugar to sweeten. The drink is served chilled.

Popular Time To Have Sorrel Drink

In Caribbean homes, sorrel drink at Christmas is like pumpkin pie to Americans at Thanksgiving. Hardly a meal is served without it, and guests are usually welcomed with a chilled glass of sorrel drink accompanied by a hearty slice of fruitcake. Of course, the sorrel drink is also served at hotels and restaurants and is quite easy to find for those who want to experience the taste of a [Caribbean Christmas](#). Sorrel drink is also used to make jams and jellies that are available for purchase year round.

Medicinal Benefits of Sorrel Plant

Aside from food and drink, sorrel has many other uses. Research recently confirmed what African and Asian people have known for years

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that the sorrel plant has many medicinal benefits. Studies conducted by the Northern Caribbean University in Jamaica revealed that sorrel can eradicate certain types of cancer cells.

The sorrel plant contains a wide range of vitamins and minerals including vitamin C, calcium, niacin, riboflavin and a group of compounds called flavonoids. Flavonoids are responsible for the deep red color and are known to act as a powerful antioxidant which eliminates disease-causing free radicals from the body. Scientists also believe that the flavonoids in sorrel may be a useful deterrent against certain types of cancers and help to boost the immune system.

The sorrel plant is also thought to contain antihypertensive properties. Traditional healers in some Asian countries and in Latin America have used the Hibiscus, specifically Roselle, as a diuretic, a mild laxative, and as a treatment for some cardiac and nerve diseases.



Trini Christmas traditions.....

If you're a local, or a visitor lucky enough to experience Christmas in Trinidad and Tobago, you'll know that there is nothing quite like a true "Trini Christmas". The food, the atmosphere and the traditions that have evolved over the years make Christmas in Trinidad and Tobago truly unique. Here are some Christmas "must do's" that are practiced in Trinidad and Tobago.

CLEANING

Homes are given elaborate preparation beforehand by cleaning, painting and general repairs. According to budget and taste, new curtains may be

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made and hung, and various decorations from the simple to the elaborate may be seen festooning homes. It is an annual ritual for many people to not only engage in cleaning and decorating, but to make last-minute preparations and purchases on Christmas Eve.

DECORATING

Various public places and homes may be given over to elaborate embellishments with wreaths, garlands, lights and Christmas trees etc. A popular thematic depiction is the creche: a nativity scene of the Three Wise Men, Mary, Joseph and Jesus as a baby in the manger.

HOSPITALITY

Visitors to the average household during the Christmas season are normally treated royally to local food, drinks and music. Invitations from friends and neighbours are normally accepted in the period between Christmas and New Year's Day.

GOING FROM HOUSE TO HOUSE

The tradition of paranging is of Spanish origin, evolving from the groups of people who go from house to house serenading the members of the home with indigenous Spanish carols, known as Parang. These groups, similar to European and American carolers, are called Paranderos, and they sing traditional Parang songs and visit the homes of family and friends to make music and partake of the host's food and drink. Trekking through neighbourhoods, the groups would evoke the spirit of the season with joyful melodies and infectious rhythms from the cuatro, bass box, mandolin, 'chac-chac' (maracas), flutes, tambourines, guitar and other instruments. In the past it was traditional to pay nocturnal visits to the homes of family and friends where part of the fun was waking the inhabitants of the household with music. Today, paranging is defined as the act of moving from house to house partaking of food and drink with, or without, the accompaniment of music.

SOAKING FRUITS

Trinidadian Christmas fruitcake (also called black cake for its rich dark colour) is traditional and eaten in most homes during the festive season. Dried fruits (such as raisins, prunes, currants, cherries and sultanas) are a major ingredient in the cake and are usually flavoured by being soaked in cherry wine, sherry, rum or brandy for several months before Christmas! Today, for time conscious bakers, boiling the fruit in the chosen liquor often suffices.

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GIFT GIVING

Christmas is known as the 'Season of Giving'. A traditional custom is the giving of gifts either on Christmas Day, December 25th or in some cases before this day. These may be given not only to friends and relatives but also those in need.

Did You Know?



Origin of Boxing Day

The day after Christmas Day, is celebrated as Boxing Day throughout the English-speaking Caribbean and in other Commonwealth countries, including the United Kingdom, Canada, New Zealand and Australia.

The origins of today's holiday can be traced to Britain, where Boxing Day is also known as St Stephen's Day.

St. Stephen was martyred in Jerusalem about the year 35. He is considered both the first Christian martyr (the protomartyr) and one of the first deacons of the Christian Church.

Stephen was a Jew. The New Testament does not give us the circumstances of his conversion. It would seem, however, that soon after the death of the Messiah he rose to a position of prominence among the Christians of Jerusalem.

The earliest mention of Stephen is when he is listed among the seven men chosen to supervise the public tables. Stephen, already a leader, began to point out that, according to the Master, the old law had been superseded. It was talk of this sort, carried by hearsay and rumour about the city, and often misquoted, intentionally or not, that was to draw down upon Stephen the wrath of the Jewish priestly class.

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The elders and the scribes were stirred up and brought him before the Sanhedrin, the supreme Jewish tribunal, which had authority in both civil and religious matters. False witnesses made their accusations; Stephen defended himself ably, reviewing the long spiritual history of his people.

The account is that the crowd could contain their anger no longer. They rushed upon Stephen, drove him outside the city to the place appointed, and stoned him. At this time Jewish law permitted the death penalty by stoning for blasphemy. Stephen, full of "grace and fortitude" to the very end, met the great test without flinching, praying the Lord to receive his spirit and not to lay this sin against the people. So perished the first martyr, his dying breath spent in prayer for those who killed him. Among those present at the scene and approving of the penalty meted out to Stephen was a young Jew named Saul, the future Paul, Apostle to the Gentiles: his own conversion to Christianity was to take place within a few short months

There is general agreement that on this religious feast day, wealthy members of British society would give presents to the less fortunate.

Many years ago, on the day after Christmas, servants in Britain carried boxes to their masters when they arrived for the day's work. It was a tradition that on this day all employers would put coins in the boxes as a special end-of-the-year gift.

In a closely-related version of this explanation, apprentices and servants would on that day get to smash open small earthenware boxes left for them by their masters. These boxes would house small sums of money specifically left for them.

Under this theory, the boxes are an early form of Christmas bonus, something employees see as their entitlement.

Boxes in churches for seasonal donations to the needy were opened on Christmas Day, and the contents distributed by the clergy the following day. The contents of this alms box originated with the ordinary folks in the parish who were under no direct obligation to provide anything at all and were certainly not tied to the recipients by an employer/employee relationship. In this case, the "box" in "Boxing Day" comes from that one gigantic lockbox the donations were left in.

The one thread common to all these Boxing Day accounts is the theme of one-way provision to those not inhabiting the same social level. Equals exchanged gifts on Christmas Day or before, but lessers received

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their "boxes" on the day after.

In Trinidad and Tobago, Boxing Day is a public holiday which in recent years has served as a bridge between Christmas celebrations and the Carnival season. In fact, Carnival-style fetes are among the major event of the day.

Trini Christmas Humour.....



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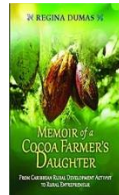
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For your reading pleasure.....

Here are three recommended books authored by members of the TTAO. Maybe you can purchase for Christmas gift giving or for your own reading over the holidays.



MEMOIR OF A COCOA FARMER'S DAUGHTER BY REGINA DUMAS

HONEST, COMPELLING AND ORIGINAL, this work describes the journey of Regina Dumas, a Caribbean woman whose life pilgrimage takes her to places and situations she never would have imagined. Desiring only to lead an independent if humdrum existence in her native Trinidad and Tobago, Regina, instead, finds herself at the age of 24, travelling to Jamaica, where she will spend three years while her husband pursues his academic career. She, meanwhile, immerses herself in a culture she finds delightfully bewitching while she struggles with the challenge of teaching the Spanish language to rural students whose Jamaican accent she can barely grasp. At the end of three years, she is presented with yet another challenge as her husband wishes to pursue further studies in Geneva, Switzerland and refuses to go except accompanied by his wife and the baby they now have. Switzerland changes her entire perspective on life and when she returns to the Caribbean four years later, she is anxious to put into practice the rural development theory she has acquired in Geneva. And she does. With the unfortunate dissolution of her marriage in 1980 comes the opportunity to work in revolutionary Grenada for 4 years until the implosion occurs. Sadly, she returns with her children to Trinidad where her dreams of pulling together the strands of her experiences are finally realized in rural Tobago on the cocoa estate owned by her family.

Purchase at: <https://www.bokus.com/bok/9789769583696/memoir-of-a-cocoa-farmers-daughter/>

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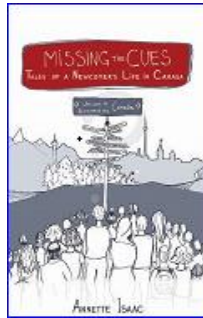
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MASTER RUBEN - MEMOIR OF A YOUNG BOY

Growing up in La Brea, Trinidad in the Fab 60s

Over half a century in the making, and over 30 months in creative production: the collective memories of an eventful childhood - one feathered by attention, achievement and culture. With the privileges of a dynamic clan and parents with a flair for social interaction to the gentle care of my teachers and the discovery of an appetite for the unusual, this is an inspiring and entertaining bildungsroman – a true tale of coming of age!



Missing the Cues - Tales of a Newcomer's Life in Canada by Annette Isaac

A memoir about missed messages and subtle hints that elude most newcomers as they try to establish social and career relationships. Often these missed cues lead to amusing, and in some cases lost opportunities.

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Fall/Winter activities in Ottawa.....

Winterlude

When: February 1-19, 2019

Where: Various venues in Ottawa

Ottawa hosts Canada's annual celebration of winter, Winterlude. A special highlight for children of all ages is Snowflake Kingdom located in Jacques-Cartier Park in Gatineau, with its collection of huge snow slides and interactive activities. The festival's International Ice Carving competition attracts carvers from around the world to Confederation Park in downtown Ottawa to transform blocks of ice into spectacular works of art. Visit the sculptures during the day and again at night to see them in all their lit-up glory.

Ice Dragon Boat Festival

When: February, 2019

Where: Rideau Canal

Don't miss the third annual of this event, where dragon boats race down the frozen Rideau Canal Skateway. Go cheer them to the finish line!

Christmas Lights Across Canada—Official Illumination Ceremony

When: December 5, 2018 – January 7, 2019

Where: Parliament Hill, Ottawa

Kick off the holiday season on Parliament Hill at 7:00pm when Canada's capital lights up! Free family fun with carols, hot chocolate and more! From Until Jan. 7, 2019, Ottawa's downtown streets and several monument sites are lit up with hundreds of thousands of dazzling coloured lights. Plus, don't miss the magical Winter Lightscapes show projected on Parliament's Centre Block!

Bell Capital Cup

When: December 27-31, 2018

Where: Various locations across Ottawa

Young hockey players from Europe, U.S. and Canada participate in the

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20th edition of this world premier tournament.

Magic of Lights

When: Until January 5, 2019

Where: Wesley Clover Parks, 401 Corkstown Road, Ottawa

A drive-through holiday light display of nearly one million LED lights are spread over two kilometres, including a 200-foot light tunnel and large LED displays of your favourite winter characters like snowmen, elves and more. Select proceeds from each carload admission benefit the Ottawa Senator's Foundation.

Alight at Night

When: November 30, 2018 - January 5, 2019

Where: Upper Canada Village, Parks of the St. Lawrence Ottawa

Almost a million lights adorn this historic site. You can enjoy horse-drawn wagon rides, shopping at the Village Store, and dining at the Harvest Barn.

Holiday programming

When: The National Arts Centre (NAC)

Where: November and December 2018

The NAC hosts a range of holiday entertainment. A few highlights include: The Nutcracker by the Albert Ballet (Nov. 28 – Dec. 2); The Hockey Sweater: A Musical (Dec. 5 – 23); and Handel's Messiah (Dec. 18 – 19). Magic of Lights: Nov. 16, 2018 – Jan. 5, 2019

Trees of Hope for CHEO

When: November 26, 2018 – January 4, 2019

Where: Fairmont Château Laurier Hotel

See several beautifully decorated Christmas trees throughout the holiday season during Trees of Hope! Opt to enjoy Afternoon Tea or a meal at the hotel followed by a stroll through the lovely trees located throughout their storied halls. This is a holiday season tradition for many.

Nightmare Before/After X-mas tour

When: December 5 – 30, 2018 (select dates)

Where: Bytown Museum, Ottawa's oldest stone building

Join the Haunted Walk on this special walking tour as they explore the darker side of the festive season. Hear about strange and frightening holiday traditions from around the world and creepy Christmas-themed ghost stories.

Originals Ottawa Christmas Craft Sale

When: December 6 – 16, 2018 (except Dec. 10)

Where: EY Centre

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The Originals Ottawa Christmas Craft Sale is a popular annual event with 200 vendors offering one-of-a-kind items that are perfect for your holiday shopping list.

The Nutcracker

When: December 7 – 9, 2018

Where: Algonquin Commons Theatre

See a performance of the classic ballet, The Nutcracker, by the Linda Jamieson Dance Company of Ottawa.

Ottawa Chamberfest Christmas Concerts

When: December 14 – 15, 2018

Where: Dominion-Chalmers United Church

The Ottawa Chamberfest invites you to their Christmas concerts in downtown Ottawa. The Silver and Gold shows feature the sextet King's Singers and the Ottawa Choral Society.



Member's Corner.....

To enhance what the TTAO can do for the community, we need your support so why not become a member? New members are always welcome! Does an event or committee peak your interest? If you are 16 years of age or older looking to get involved, then consider becoming a member and joining a committee that interests you the most.



Reminder

The annual membership for the association runs from **September 1st to August 31st. Your membership for 2018-2019 is now due.** Please think about renewing your membership if you have not already done so.

[TTAO membership form](#)

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The TTAO's website & Facebook page

You are encouraged to visit our [website](#). The new and improved site provides updated and current information on Trinidad & Tobago and brings you information on the upcoming activities of the TTAO and other sister organizations and details of past events.

Our webmaster Rose LeBlanc ensures that ttao.ca, with its artistically inviting look, offers authentic and up-to-date information.

Please remember to like our Facebook page. Carol would be more than happy to see the number of likes increase.

Our Facebook page is at <https://www.facebook.com/pages/The-Trinidad-and-Tobago-Association-of-Ottawa-TTAO/157550578878>.

Your feedback and comments are always appreciated.

Feedback.....

Interested in contributing to the next newsletter? Would you like to provide comments or suggestions to the TTAO? Send us an email, write us a letter or put a posting on our Facebook page and tell us what you think!



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Have yourself a merry, little Christmas.....



De ole time days.....

